

Texas Neurological Society

2026 ANNUAL WINTER CONFERENCE

January 29 - February 1 Hyatt Regency Austin | Austin, TX



You are invited to join the Texas Neurological Society, along with your esteemed colleagues, from all across the great state for the Annual TNS Winter Conference.

Education Committee

Erin Furr-Stimming, MD, Chair Katie Hendley, MD, President Gary Clark, MD, Pediatric Co-Chair Steven Lazar, MD, Pediatric Co-Chair Joseph F. Imbs, MD, Winter Conference Program Chair Shivika Chandra, MD Reeta Achari, MD Robert Fayle, MD Mary Ellen Vanderlick, MD Aidan Azher, MD Sujani Bandela, MD Deborah Carver-Hodges, MD Rachel Salas, MD Meredith Hatcher, PA-C Karina Patel, PA-C Java Trivedi, MD Alexandra Melendez, MD Michael Soileau, MD Shilpa Chitnis, MD Surabhi Kaul, MD Leorah Freeman, MD Rani Vasireddy, MD

Steven Steffensen, MD

OBJECTIVE

The overall objectives of this course are to update and further one's knowledge, diagnosis, and treatment of various neurological disorders and well as, acquire and discuss new techniques and innovations in neurology.

TARGET AUDIENCE

The target audience included board-certified and board-eligible neurologists, and neurology residents. Educational methods used will include lectures and Q&A sessions.



Join Us to Kick Off the TNS Education Foundation with Special Guest, Dr. Glaucomflecken!

You won't want to miss out on this comedy special from Dr. G followed by a night of dancing with the return of the Groove Knight Band!

Saturday, January 31 | 7:00 pm

Ticket: \$150.00 Dress Code: Business, Cocktail, Neurology Chic

Ticket includes entry for you and 1 guest plus 2 drink tickets.

Residents, Fellows & Medical Students receive a discount! See registration form to buy your ticket and for more details.





TNS First Annual Fun Run! 5K around Ladybird Lake

Saturday, January 31, 2026 | 5:45 am — Meet Up | 6:00 am — Start \$50.00 admission includes T-Shirt, Swag Bag, and Healthy Snacks to start your day!

HOTEL INFORMATION

Hyatt Regency Austin

208 Barton Springs Rd, Austin, TX 78704 | (512) 477-1234

TNS has a special room rate of \$269.00 for singles and doubles. Room rates do not include tax, currently at 17%. Please call by January 7, 2026 to make your reservation. Be sure to mention that you are part of the TNS Meeting!

Registration

Advanced registration for the meeting and all social events is important. The deadline for early bird registration is **January 9, 2026**. TNS must receive notice of cancellation for refund no later than **January 25, 2026**. A \$25 fee will be deducted from the registration fee paid to cover processing charges. Non-attendance does not constitute cancellation. Partial registration is not offered.

TNS has required all registrations be made only at texas neurologist.org

Early Bird Regular (By 01/09) (After 01/09) \$250 \$325 Member Physicians & Allied Health \$50* \$75* Residents/Fellows/Medical Students \$400 \$500 Non-Member Physicians/Allied Health/Pharma D/ Med. Liaisons \$75 \$75 Pediatric Session Only.

Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing medical Education (ACCME) through the joint providership of the Texas Medical Association (TMA) and the Texas Neurological Society. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

The Texas Medical Association designates this live activity for a maximum of 23 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

REGISTER ONLINE!

www.texasneurologist.org Online Registration Closes January 25, 2026

Save your spot before it is too late!



MOC: TNS will be offering Maintenance of Certification for this conference. To participate, sign up when registering for the conference.

The American Board of Psychiatry and Neurology has reviewed the TNS Winter Conference and has approved this activity as part of a comprehensive self-assessment (SA) CME Activity, which is mandated by the ABIMS as a necessary component of continuing education.

Ethics: The presentations on Friday, January 30 and Sunday, February 1 fulfills three hours of ethics professional responsibility required to Texas licensure.

^{*}Residents/Fellows/Medical Students that attend the conference will be refunded the \$50.00/\$75.00 registration fee after the conference.

2026 TNS Annual Winter Conference Agenda

Thursday, January 29, 2026

Hot Topics | Moderator: Reeta Achari, MD

12:30 - 1:30 PM	Medicolegal Expert 101	Randolph Evans, MD, FAAN
1:30 - 2:30 PM	Preventative Neurology in Neurodegenerative Disorders	Léorah Freeman, MD, PhD
2:30 - 3:00 PM	Refreshment Break	
3:00 - 4:00 PM	Nutritional Neurology	Reeta Achari, MD
4:00 - 5:00 PM	Incorperating Clinical Trials in Clinical Practice	Michael Soileau, MD, FAAN

Friday, January 30, 2026

7:00 AM	Registration Opens Breakfast Available		
	Pediatric Neurology Modera	tor: Steve Lazar, MD	
8:00 - 9:00 AM	Current Updates and Debates on Genetic Epilepsy		
	in Surgical Decision Making	Scott Perry, MD	
9:00 - 10:00 AM	Capacity Building for Transitional Neurologic		
	Care and Adults with Disabilities	Jessica Soloman Sanders, MD	
10:00 - 10:15 AM	Refreshment Break in Exhibit Hall		
10:15 - 12:15 PM	Ethical Conversations and Updates in		
	Pediatric and Adult Death by Neurologic Criteria	Kim Sawyer, MD, MA, HEC-C	

11:45 - 1:15 PM Lunch 12:30 - 1:00 PM Lunch & Learn

General Neurology | Moderator: Joseph Imbs, MD

Marina Ma, MD

Michael A. Rubin, MD, MA, FAAN

1:15 - 2:15 PM	Diagnostic Update in Neuroimmunology	John A. Lincoln, MD, PhD	
2:15 - 3:15 PM	Update in Seizure Management and SE	Proletta Datta, MD, PhD	
3:15 - 3:45 PM	Refreshment Break in Exhibit Hall		
3:45 - 4:45 PM	Vascular Neurology Clinical Trial Updates	Louise McCullough, MD, PhD)
4:45 - 5:45 PM	Optic Neuritis: The Good, The Bad, and the Ugly	Andrew Lee, MD	-
5:45 - 6:30 PM	Welcome Reception with Resident Poster Viewing		A

Saturday, January 31, 2026

7:00 AM Registration & Exhibit Hall Opens | Breakfast Available

APP Track

8:00 - 9:00 AM	PD Treatment Update and Pearls for Pumps	Sarah Erskine, NP
9:00 - 10:00 AM	Approach to MS	Alexandra Rossi, FNP-BC

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2026 TNS Annual Winter Conference Agenda

Advances in Functional Neurosurgery

Membership Luncheon

General Session | Moderator: Yessar Hussain, MD

8:00 - 9:00 AM	Therapeutic Update in Myasthenia Gravis	Yessar Hussain, MD
9:00 - 10:00 AM	Muscle Biopsy: Clinical Cases Demonstrating	
	the Utility of Muscle Biopsy	Aziz Shaibani, MD
10:00 - 10:30 AM	Refreshment Break in Exhibit Hall	
10:30 - 11:30 AM	Approaches to Delerium/Altered Mental Status	
	in the Hospital Setting	Joseph Friedman, MD

Resident, Fellow & Medical Student Track

Nader Pouratian, MD, PhD

12:30 - 1:30 PM	Luncheon and Symposium
1:30 - 2:45 PM	Skills Workshop

General Session | Moderator: Joseph Imbs, MD

1:30 - 1:45 PM	Refreshment Break in Exhibit Hall		
1:45 - 2:45 PM	Doc, I Can't Sleep - Management of Sleep Disorders	Rachel Salas, MD,	MEd
2:45 - 3:45 PM	Drug Induced Movement Disorders	William Ondo, M	D
3:45 - 4:15 PM	Refreshment Break in Exhibit Hall		
4:15 - 5:15 PM	Updates in Management of Motor and Nonmotor		
	Features of PD vs. PD Mimics Atypical Parkinsonism Cases	Joseph Jankovic, N	√ID
5:15 - 6:00 PM	Program Director Happy Hour		
6:30 - 7:00 PM	Resident / Medical Student Meet & Greet with Dr. Glaucomflecken		
7:30 - 10:30 PM	TNS Education Foundation Fundraiser		

Sunday, February 1st

11:30 - 12:30 PM

12:30 - 1:30 PM

General Session | Moderator: Karen Keough, MD

7:00 AM	Registration Opens Breakfast Available	
8:00 - 9:00 AM	Neuroimaging Review	Marco Pinho, MD
9:00 - 10:00 AM	Do I have ADHD? Diagnosis of ADHD in Adulthood	
	and Its Mimics in the Neurology Clinic	Susanna Mierau, MD, PhD
10:00 - 10:15 AM	Refreshment Break	
10:15 - 11:15 AM	Updates on Dysautonomia Management	Elisabeth Golden, MD
11:15 - 12:15 PM	Ethics: Advocacy in Action	Sara Austin, MD
		Kimberly Monday, MD
		Eddie Patton, MD, MBA, MS
12:15 PM	Adjourn	



SPECIAL CONSIDERATION

We do try to control the temperature in the meeting room, but for your comfort, please bring a jacket and your laptop or tablet to access the lectures using the meeting app.

Poster Presentation of Winners Announcement

Saturday, January 31 after the final break of the day.

Application/Guidelines can be found on the TNS website.

www.texasneurologist.org

PRIZES | 1st Place - \$1,000 | 2nd Place - \$500 | 3rd Place - \$250

Stay Connected! #TNSW2026

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Resident/Fellow & Medical Student Lunch and Skills Workshop

Residents and trainees are invited to attend our dedicated Resident/Medical Student Track. TNS will host a luncheon in which trainees get to meet with neurologists from across the state who practice in different environments (academic, hospital-based, private practice) and learn more about what life is like as a neurologist. After lunch, there will be a hands-on resident skills workshop where trainees get to work in small groups with experts practicing botox administration for migraine, spasticity, and movement disorders.

All residents and trainees attending the conference are strongly encouraged to attend. You must RSVP on your registration form to attend the luncheon and skills workshop this year.

Resident/Fellow & Medical Student Housing Stipend

TNS offers a housing stipend to all resident who attend the conference. You will receive the housing stipend reimbursement form upon checking in to the conference. The stipend will cover a one night hotel stay at the host

Door Prize Drawing!

Please take time to visit our exhibitors as they keep the cost of this meeting low for attendees. TNS will host a door prize drawing for those who visit the exhibitors.

Please note the exhibiting hours: FRIDAY: 10:00 am - 5:00 pm SATURDAY: 7:00 am - 3:15 pm